SOCIAL DISTANCING for Everyday Social Situations

**HOW TO NOT TOUCH YOUR FRIENDS WHILE STILL STAYING FRIENDS.**

Instead of handshakes, high fives and hugs, here are some exciting new alternatives that’ll help you spread the love without spreading the germs.

---

**SAY “HI” WITHOUT HANDSHAKES**

**THE TOE TAP**  
(aka “The Foot Hug”)
- With shoes on, tap the inside of your foot against the inside of another’s foot
- If shoes match, fight the urge to embrace

**JAZZ HANDS**
- Elbows bent, pulled in and palms open, facing forward
- Send a shaking burst of energy through those hands

---

**SAY “YAY” WITHOUT HIGH FIVES**

**THE COWBOY ROUNDUP**
- Put hand in air and spin that air lasso
- Now spin around till your excitement has been fully exuded

**RAISE THE ROOF**
- Shoot both hands straight up, palms facing upward
- Then pump arms up and down like you’ve got the strength to lift a thousand pounds

---

**SAY “BYE” WITHOUT HUGS**

**MOONWALK**
- With feet planted on ground, slide one foot back, then the other
- Continue alternating foot slides until you have fully exited the room

**THE T-REX WAVE**
- Small, tight hand waves close to the chest
- Perfectly paired with a high pitch “byeeeeeeeee”

---

BOZELL.COM