

SOCIAL DISTANCING

for Everyday Social Situations

HOW TO NOT TOUCH YOUR FRIENDS WHILE STILL STAYING FRIENDS.

Instead of handshakes, high fives and hugs, here are some exciting new alternatives that'll help you spread the love without spreading the germs.

SAY "HI" WITHOUT HANDSHAKES



THE TOE TAP (aka "The Foot Hug")

- With shoes on, tap the inside of your foot against the inside of another's foot
- If shoes match, fight the urge to embrace



JAZZ HANDS

- Elbows bent, pulled in and palms open, facing forward
- Send a shaking burst of energy through those hands

SAY "YAY" WITHOUT HIGH FIVES



THE COWBOY ROUNDUP

- Put hand in air and spin that air lasso
- Now spin around till your excitement has been fully exuded



RAISE THE ROOF

- Shoot both hands straight up, palms facing upward
- Then pump arms up and down like you've got the strength to lift a thousand pounds

SAY "BYE" WITHOUT HUGS



MOONWALK

- With feet planted on ground, slide one foot back, then the other
- Continue alternating foot slides until you have fully exited the room



THE T-REX WAVE

- Small, tight hand waves close to the chest
- Perfectly paired with a high pitch "byeeeeeee"